

DAY 1 – A Holy Sacrifice

SCRIPTURE TO READ:

Romans 12:1–3

(Optional Additional Reading: Leviticus 20:26; 2 Corinthians 6:17–7:1)

THINK IT THROUGH:

Last week we learned that surrender means placing our whole selves on the altar as a living sacrifice. But Paul adds one crucial word that defines the quality of that sacrifice: holy. Holiness isn't perfection—it's possession. To be holy means to belong completely to God, set apart for His purpose. Spiritual health begins there—when the inner life, our thoughts and motives, are brought under God's ownership. That's why Paul moves from the altar (v. 1) to the attitude (v. 3). A healthy spirit starts with humility—seeing ourselves rightly: not inflated by pride, not crushed by shame, but secure in grace. Holiness isn't achieved by trying harder; it's experienced through deeper surrender.

PUT IT INTO PRACTICE:

Take ten minutes today to list the parts of your life that feel most ordinary or disconnected from your faith—your commute, your work, your chores, your routines. Next to each one, write the words: **“Set apart for God.”** That simple act reframes the everyday as holy ground. When you begin to see everything as belonging to Him, nothing stays secular.

PRAYER FOR TODAY:

“Father, You are holy, and You've called me to be set apart for You. Help me to see every ordinary moment as an opportunity for worship. Make my life—mundane and sacred alike—a holy offering that reflects Your grace.” Amen.

GO FURTHER

At the end of the day, look back over your list. Where did you sense God's presence in something ordinary? Write one sentence of gratitude for how He met you there.



East Auburn Baptist Church

